

# Parent & Child Activity Calendar

Early Childhood

First Step Pre-School



THE  
**PARENT**  
INSTITUTE®

## Parent & Child Activity Calendar

Early Childhood  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>November 2019</b>					<b>1</b> Make a paper chain with one ring for each day left until the end of the month. Every day, remove a ring.	<b>2</b> Take the whole family to the library. Be sure everyone checks out some books.
<b>3</b> Make a leaf rubbing. Place a leaf on newspaper. Cover with thin paper and have your child rub with a crayon.	<b>4</b> Stretch a rope on the ground. Show your child how to jump over it from side to side.	<b>5</b> Look at the weather forecast today. Compare where you live to the rest of the country.	<b>6</b> Keep a box or basket as home base for library books. You'll save money on overdue fines!	<b>7</b> Cut straws into different lengths. Encourage your child to line them up from <i>shortest</i> to <i>longest</i> .	<b>8</b> Find a book that describes holidays around the world. Choose a new holiday to observe, or invent one.	<b>9</b> Help your child do a nice deed for a neighbor or friend today.
<b>10</b> Collect boxes, ribbon, packing materials, stickers, etc. Save them for a rainy day art session.	<b>11</b> Ask your child questions to boost creative thinking. "What would you bring to a picnic in space?"	<b>12</b> Cover the illustration on a page of a book. Read the page to your child. Can she guess what's in the picture?	<b>13</b> Measure and weigh your child today. Teach him about inches and pounds.	<b>14</b> Watch an educational show with your child. Then discuss a value or practice a new skill from the show.	<b>15</b> Today is the middle of the month. Talk with your child about what <i>middle</i> means.	<b>16</b> Help your child clean out her closet. Pass on gently-used toys and clothes to families in need.
<b>17</b> Assign your child a special job. It's never too early to learn responsibility!	<b>18</b> Help your child use medicine droppers and water colored with food coloring to experiment with mixing colors.	<b>19</b> Make your child's favorite sandwich into a puzzle. Have him put the pieces together before eating it.	<b>20</b> Walk with your child in different ways—slowly, quickly, lightly, heavily, on tiptoes, etc.	<b>21</b> Encourage your child to draw a self-portrait.	<b>22</b> Have a Family Night In. Serve a healthy snack. Everyone should curl up with a good book.	<b>23</b> Write a letter together to a loved one. Have your child draw pictures.
<b>24</b> Have your child close her eyes. Make a sound and ask her to guess what you are doing.	<b>25</b> Trace your child's hand on paper. Think of ways to be a helping hand. Write his ideas on the drawing.	<b>26</b> Point out patterns on fabric to your child. Recognizing patterns is a necessary skill for reading and math.	<b>27</b> Tell your child family stories you can remember from when you were a child.	<b>28</b> Ask family members to name the things that make them thankful. Make a list and hang it in the kitchen.	<b>29</b> Do a puzzle with your child tonight.	<b>30</b> Spend at least 30 minutes reading with your child today. Let her pick the book you will read.